

CROSS COUNTRY
BOBCATS

WELCOME TO BOBCAT CROSS COUNTRY 2023-2024

Laura Watson-Coach (Pulaski Elementary School)

Please direct any questions/concerns to Coach Watson.

Email: lbennett@gcboe.us Phone: (931) 363-5233



Who: 6th-8th Grade Giles County Students (Bridgeforth/Elkton/Minor Hill)

What: We will build up our running distance each week and before you know it, your runner will run 2 MILES.

Expectations: Click Link or Scan Code for the Expectations/Rules.

https://drive.google.com/file/d/10V9o_bQXcZoiUUw-rs-gRWWIMora02bp/view?usp=sharing



When: Fall Semester - Meet dates are to be determined.

SUMMER Practice- M,T,Th (Time will be determined)

FALL Practice- M,T,Th,F (After School until 4:45)

Will work along with other sports

Cost: \$45 (Due by June 27th) Make checks payable to: BMS Bobcat XC

CROSS COUNTRY TRYOUTS

➔ May 30th - 8:30am

Bridgeforth Middle School Track

or

➔ May 30th - 5:30pm

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1051 Bridgeforth Cir, Pulaski

*you are only required to attend one of the tryouts

****If there is conflict with tryout times, please message Coach Watson. ****

*Scan code and fill out form



GOOGLE FORM MUST BE FILLED OUT BY June 27th

*****IMPORTANT*****

Students will need a sports physical by Tryouts on May 30th.

